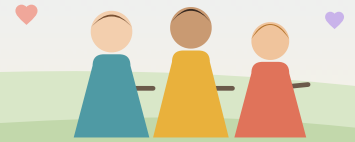
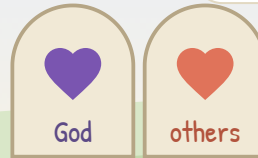


My Sunday Mass Page

Sunday, 25 October 2026 • Matthew 22:34–40

Name _____



1 Today's Gospel



The Greatest Rule of All

One day a man who knew lots about God's laws came to Jesus with a tricky question. He wanted to **test** Jesus. "Teacher," he asked, "which rule is the **greatest** of all?" God had given His people lots and lots of rules — which one would Jesus choose?

Jesus said: "**Love the Lord your God with all your heart, with all your soul and with all your mind.**" This is the greatest and first rule.

Then Jesus said the second rule is just like it: "**Love your neighbour as yourself.**" That means being kind to other people the way you would like them to be kind to you. Jesus said all of God's other rules hang on these **two** — like a door hangs on its hinges!

Big idea: Jesus gives us two big rules that sum up everything: love God with your **whole heart**, and **love other people** too — at home, at school and in the playground!



Listen at Mass: In the Psalm we sing "*I love you, Lord, my strength.*" And in the first reading, God asks us to care for people who are poor, lonely or far from home.

2 One Little Question



Jesus gave us two big rules. Can you fill in the missing words?

1. Love _____ with all your heart.

2. Love your _____ as yourself.

Word bank: God neighbour

3 My Prayer



One person I want to love and pray for this week:

Dear Jesus,

4 Draw It!



Draw one way you can love God and one way you can love your neighbour this week.

Ideas: saying a prayer at bedtime • singing at Mass • sharing a toy • helping at home • playing with someone who is alone



I love God by...



I love others by...