

My Sunday Mass Page

Sunday, 7 February 2027 • Mark 1:29–39



1 Today's Gospel



Jesus Helps and Heals

After praying in the synagogue, Jesus went to the house of His friends Simon and Andrew. Simon's mother-in-law was in bed with a **fever**. Jesus went to her, took her by the **hand** and helped her up. The fever left her straight away, and she got up and looked after her guests!

That evening, the whole town came to the door. People brought everyone who was sick, and Jesus **healed** many of them. Very early the next morning, while it was still dark, Jesus went off to a quiet place to **pray**.

His friends found Him and said, "Everyone is looking for You!" Jesus said, "**Let us go on to the nearby villages, that I may preach there also.**" Jesus came to bring God's love to **everyone**. And even when He was very busy, He made time to talk with His Father.



Big idea: Jesus **cares for us** when we are sick or sad, and He shows us how to **make time to pray** every day.



Listen at Mass: In the Psalm we sing "Praise the Lord, who heals the broken-hearted." And in the second reading, St Paul says he wants to share the Good News with everyone, just like Jesus.

2 One Little Question



Circle the things Jesus did in today's Gospel.

healed the sick

went fishing

prayed early in the morning

held a sick lady's hand

built a house

3 My Prayer



Someone who is sick or sad that I want to pray for:

Dear Jesus,

4 Draw It!



Draw Jesus taking Simon's mother-in-law by the hand and helping her up.

Ideas: Simon's house • the bed • Jesus' kind face • the friends watching • the crowd at the door



"Let us go on to the nearby villages, that I may preach there also." **Mark 1:38**